



Rigging & Lifting for Materials Handling
Appendix C - Hands-on (Practical) Training Checklist

Employee Name: _____ Evaluation Date: _____

Location of Training: _____

Qualified Trainer/Evaluator Name: _____

Specific equipment being utilized: _____

Under the guidance of a qualified person who is knowledgeable and experienced in the specific equipment being utilized, the trainee is to demonstrate their ability in the following:

Section 1: Pre-Use Inspection

Employee demonstrates ability to:

- Inspect synthetic slings (cuts, abrasion, burns, stitching) — Pass / Fail / N/A
- Inspect wire rope slings (kinks, broken wires, birdcaging) — Pass / Fail / N/A
- Inspect chain slings (stretching, cracks, bent links) — Pass / Fail / N/A
- Inspect shackles & hooks (deformation, cracks, proper pins) — Pass / Fail / N/A
- Identify missing or illegible sling tags — Pass / Fail / N/A
- Tag defective rigging “Do Not Use” — Pass / Fail / N/A

Section 2: Load Awareness & Planning

Employee can:

- Identify load weight — Pass / Fail / N/A
- Identify center of gravity — Pass / Fail / N/A
- Determine proper pick points — Pass / Fail / N/A
- Establish lift zone & exclusion area — Pass / Fail / N/A
- Identify overhead hazards & pinch points — Pass / Fail / N/A
- Select communication method (hand signals/radio) — Pass / Fail / N/A

Section 3: Rigging Selection

Employee demonstrates correct selection of:

- Proper sling type — Pass / Fail / N/A
- Proper sling length — Pass / Fail / N/A
- Appropriate hardware (shackles, hooks, spreader bars) — Pass / Fail / N/A
- Proper edge protection or softeners — Pass / Fail / N/A
- Appropriate hitch type (vertical, choker, basket) — Pass / Fail / N/A

Section 4: Sling Angle & Load Control

Employee shows ability to:

- Recognize sling angles under 60 degrees — Pass / Fail / N/A
- Understand sling angle effects on tension — Pass / Fail / N/A
- Use a sling angle chart — Pass / Fail / N/A
- Adjust rigging to maintain acceptable sling angles — Pass / Fail / N/A
- Attach and use taglines properly — Pass / Fail / N/A

Section 5: Rigging Application

Employee can:

- Rig the load properly with selected gear — Pass / Fail / N/A
- Ensure load is balanced before lifting — Pass / Fail / N/A
- Verify proper choke or basket configuration — Pass / Fail / N/A
- Avoid shock-loading or twisting slings — Pass / Fail / N/A
- Maintain safe body positioning (line-of-fire) — Pass / Fail / N/A

Section 6: Communication & Lifting

Employee demonstrates ability to:

- Use standard hand signals — Pass / Fail / N/A
- Communicate clearly with operator — Pass / Fail / N/A
- Give “test lift” command — Pass / Fail / N/A
- Stop the lift for unsafe conditions — Pass / Fail / N/A

Section 7: Post-Lift Activities

Employee can:

- Safely land the load — Pass / Fail / N/A
- Safely remove all rigging — Pass / Fail / N/A
- Inspect rigging after use — Pass / Fail / N/A
- Store rigging equipment properly — Pass / Fail / N/A

Final Evaluation Summary

- Practical assessment completed: Yes / No
- Employee competent for basic rigging operations: Yes / No

Employee Signature: _____

Evaluator Signature: _____