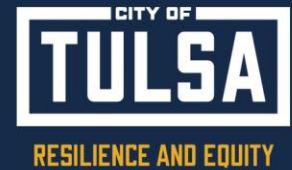


RESOURCES FOR IMMIGRANT TULSANS



Community Resources Available to All Tulsans



Immigration Legal Assistance

Legal assistance may depend on the type of assistance you may need.

- For **low-cost legal services**, contact [YWCA Tulsa](#). Appointments are available Monday through Thursday, 8:30 a.m. – 5 p.m. and Friday, 8:30 a.m. – 1 p.m. Call (918) 663-0377 or (800) 506-6211 for assistance.
- [Catholic Charities of Eastern Oklahoma](#) provide a compassionate analysis of complex immigration issues for low-income clients and directly represent them in their legal needs with the highest quality of service. Call (918) 508-7180 or email ilsreception@cceok.org.
- To find an immigration attorney, visit the American Immigration Lawyers Association (AILA) website at www.ailalawyer.com.



English Classes

For free ESL English classes contact:

- Call **Tulsa Community College** at (918) 595-7536, (918) 595-8382 (Spanish) or find information online at www.tulsacc.edu/admission/criteria/special-categories/esl.
- Call **Tulsa City-County Adult Literacy Services** at (918) 549-7400, visit the **Ruth G. Hardman Adult Literacy Service Office** or find information online at www.tulsalibrary.org/programs-and-services/literacy-outreach-volunteer-services/ruth-g-hardman-adult-literacy-service.
- Call [YWCA](#) Intercultural Service Center for ESL and Citizenship Classes at (539) 302-0691. You can register for either January – May or August – December semesters.
- Call **Union Adult Learning Center for ESL and GED Classes** at (918) 357-7040 or visit www.ualc.unionps.org/english-as-a-second-language.
 - **ESL Classes Schedules:** Monday – Thursday, 9 a.m. – 12 p.m. or Tuesday – Thursday 5:30 – 8 p.m.
 - **GED Classes Schedules:** Megan Counterman, Monday – Thursday 9 a.m. – 12 p.m., Monday – Wednesday 12:45 – 3:15 p.m., or Tuesday – Thursday 5:30 – 8 p.m.
- Call **EL Centro** at (918) 410-9805 or find information online at [EL Centro: New Sanctuary Empowerment Center](#).
- Call **Catholic Charities of Eastern Oklahoma** at (918) 508-7102 or find information online at www.cceok.org/education.
 - **ESL Classes Schedules:** Monday – Wednesday 9 a.m. – 10:30 p.m., 10:30 a.m. – 12 p.m., or 6 – 7:30 p.m. Semester Options: January – May (Enrollment in December) or August – December (Enrollment in June – July).



Tulsa Health Department and Tulsa Hospitals

Provide emergency care, basic health care, check-ups, immunizations, and more.

- Call 911 for medical emergencies.
- Call Tulsa Health Department at (918) 582-9355 or find information online at [Tulsa Health Department](#).
- Call Saint Francis Hospital at (918) 494-2200 or find information online at [Saint Francis Health System](#).
- Call Ascension Saint John Hospital at (918) 744-3131 or find information online at [Ascension St. John Medical Center](#).
- Call OSU Medical Center at (918) 599-1000 or find information online at [OSU Medical Center](#).
- Call Hillcrest Medical Center at (918) 579-1000 or find information online at [Hillcrest Medical Center](#).
- Call Morton Health Clinic at (918) 587-2171 or find information online at [www.mortonhealth.com](#).
- Call Community Health Connection at (918) 622-0641 or find information online at [www.communityhealthconnection.org](#).



Mental Health Association Oklahoma

- For confidential support and connection to mental health care and substance use resources, call (918) 585-1213 Monday-Friday from 8:30 a.m. – 5 p.m., or complete the help form at [www.mhaok.org/about/mental-health-assistance-center-form](#).
- For immediate mental health crisis help, call or text 988.



In an Emergency, Call 911

An emergency is any situation that requires immediate assistance from the police, fire department, or ambulance. The Tulsa Police Department serves all Tulsans. For non-emergency call (918) 596-9222.



Public Education

- **Tulsa Public Schools:** All children ages 4 to 21 can attend public school. To enroll call (918) 746-7500 or visit [www.tulsaschools.org](#).
- **Jenks Public Schools:** To enroll call (918) 298-0338 or visit [www.jenksps.org/o/jenksps/page/enrollment](#).
 - The enrollment hours are Monday – Friday 7:30 a.m. – 4:00 p.m.
- **Union Public Schools:** To enroll call (918) 357-4321 or visit [www.unionps.org/students/enrollment](#).
 - The enrollment hours are Monday, Wednesday, Friday, 8 a.m. – 4 p.m., Tuesday: 8 a.m. – 6 p.m., and Thursday 7 a.m. – 4 p.m.



Get Referrals for Social Services or Resources

Dial 211 or text "help" to 877-836-2111 (Monday – Friday, 8 a.m. – 8 p.m.) or visit [www.211eok.org](#).



General City Resources and Information

If you need to access city resources or want to report a problem, call 311 or visit [www.cityoftulsa.org/connect/contact-the-city](#).



An I-Speak card is available to help identify the primary language of non-English speakers. Scan the QR code and point to your language. An interpreter will be provided to you at no cost.



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